

**ANNUAL REPORT 2019 – 2020**

# **SISTRY FOUNDATION**



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## *From the Desk of Executive Director*

Dear Friends,

I am very glad to present this annual report for the year 2019 – 2020 of **SISTRY FOUNDATION**. All our efforts to render service for the human society in the last year have been briefly stated in this report. It also contains about our future planning.

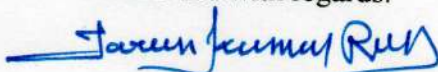
This year we achieved more programmes than the previous year. Our devoted volunteers, specially the field workers tried to carry out the projects successfully with hard labour. We admit it with our thankful heart.

This organization is obliged to different social activities, Youth organizations, School, Local administrative Bodies and others who extended their support and co-operation to the organization in making the mission successful. We are also thankful to our patrons and well wishers who donated to our Organization to enrich our funding capacity, the beneficiaries as well as the participants of different project who assisted us spontaneously to facilitate our activities.

In the last year this organization attempted to implement different social development schemes through training on Agriculture, organic farming, Farmers Producer Organisation and the FPOs converted Farmers Producer Company Limited under MCA supported by NABARD, Women Nutrition, awareness on Child Labour, Trafficking, rainwater harvesting. Blood Donation Camp, Health program and one of the part save river movement.

We have been successful this year to carry out our programs despite of some major constraints having faced by us. A lot of thanks to all my colleagues, friends, Government Officials, representatives and to all our well wishers who stood by us during the last year with their supports to our activities and necessary financial help to us.

Thanks and with regards.



**(TARUN KUMAR RAY)**

EXECUTIVE DIRECTOR

SISTRY FOUNDATION

*Executive Director*

**Sistry Foundation**

**Prongopal Nagar, Nabadwip, Nadia**

## Annual Report: 2019 – 2020

**We have immense pleasure in presenting before the public the Annual Report of our Society for the year 2019-2020.**

“ Our Mission is for the Destitute, the Poor and the Illiterate Peasantry and Labouring Communities”

**-Swami Vivekananda**

“Work sincerely and silently, your sincere and silent work will bring everything, whatever you need”

**-Swami Vivekananda**

### ***Genesis of the Organization***

**SISTRY FOUNDATION** is a non-political, non-communal, non-profit making and non-Governmental organization, the main objective of which is to cause socio-economic empowerment of the poor and marginalized with a prime focus on the distressed and downtrodden Children. **SISTRY FOUNDATION** actually started with the joint efforts of some enthusiastic youth (boy & girls) by organizing game & sport and some cultural program since 2008. This was temporary programme & seasonal basis with the gradual Expansion of its games, sport and cultural wings this organization group feels to build a permanent youth club & for this purpose they came forward & convene a meeting for this purpose. All of them healthily accepted the noble proposal of the Founder Group.

The founder of this Trust then started organizing sports & cultural programme throughout the year. As the area is very much backward and interior the people of this area are very ignorant and illiterate. Due to this, founder of the Trust organized several awareness camp and Adult literacy programme for women. For this purpose they also collected local contribution with high satisfaction. After gradual expansion of its sports, cultural and networking activities this organization group has been formed in a legal way and has been Registered under the Indian Trust Act in the year 2009. Now this group called **SISTRY FOUNDATION**.

Our activity attempted to implement different social development schemes through training and promoting on agriculture, organic farming, Farmers Producer Organisation and the FPOs converted Farmers Producer Company Limited under MCA supported by NABARD. We help to Farmers Producer Company as credit linkage with various banking system and way out different business link with various market i.e. Sufal Bangla, Big Basket and few Kisan Mandi, Women Nutrition, awareness on Child Labour, Trafficking, rainwater harvesting. Blood Donation Camp, Health program, Social relief work against COVID-19 pandemic situation.

## ***Vision and Mission Statement***

### **Our Vision**

**SISTRY FOUNDATION's** vision is to achieve a value – oriented sustainable society based on social orientation, economic growth, local capacity building and empowerment of people like poor, small & marginal farmers including Tribals for a complete social transformation and also our vision to totally reject & replace inorganic cultivation with organic cultivation.

### **Our Mission**

**SISTRY FOUNDATION's** mission is to aware the poor & disadvantaged people about their health, education and basic rights, assist them to recognize and improve their potentialities through skill formation, knowledge sharing and transfer of technical knowhow, guide them to generate economic benefit for promoting sustainable development in economy. And it also our mission is to carry out some projects under NABARD like cultivation of Gobindo Bhog Rice, Bee Keeping & Honey Production, cultivation of Sugar Cane & Molasses Production, Vermi Compose Production, Bio-Diversity Project, Wadi Project under TDF (Tribal Development Fund), Weavers, Rain Water Harvesting, Dropping Water More Crops, Water Shade Project and Livelihood & Enterprises Development Project that's will be implemented in Jharkhand State and Bakura, Medinapur & Burdwan Districts of West Bengal.

## ***Objectives***

### **Children's Welfare Programmers:**

- To work for the welfare of the street Children.
- To implement various programs for the welfare of the physically & mentally handicapped children.
- To organize various programs for prevention of Child Labour.
- To setup orphanage House and to establish Creches for the poor & needy rural/slum children.
- To run children Library and to education school dropped out children through NFE System.

### **Rural Development Programs:**

- To Implement Rural Sanitation Program
- To establish Village Library.
- To construct Low Cost House Latrines for the weaker of the society.
- Drinking Water arrangement for the society.
- Formation of Self Help Groups in rural areas.
- To implement the total Sanitation Camping Programs.
- To work under the centrally sponsored scheme of Ministry of Rural Development, GOI such as NREGP, SGYS etc.

### **Educational Programs:**

- To setup Non-Formal Education Centers.
- To setup adult Education Centers.
- To setup Children Libraries.
- To help the various Govt./Private Dept. for the development of literacy programs.
- To work under Sarva Shiksha Abhiyan.
- To organize various pre-examination training's programs for SC/OBC.
- To promote Girls Education programs.
- To establish/run/manage schools to spread any or all types of education prevalent in modern India.

### **Environment Development:**

- Conduction environment education training in the spheres of conservation of forests and wild life for rural peoples especially the youth.
- To work for maintenance and conservation of Bio-Diversity.
- Encouraging rural masses towards the use of alternate sources of energy like solar cooker, biogas, smokeless chullas and solar lamps to avoid environment pollution.
- To implement various projects related to forestry, tree plantation etc.
- To conduct the National Environment Awareness Program (NEAP) each year.
- To implement various Environment Education's Projects in various schools.

### **Women & Girls Welfare Activities:**

- To create employment opportunities for women and youth through vocational training facilities to trace out force of women /youth.
- To setup Working Women Hostels, Short Stay Homes and Swadhar centers for the women.
- To setup Training-cum-Production units for Women and marketing of products.
- Formation of Self-Help Groups for the poor women.
- To provide free legal literacy to women/girls.
- To organize various Awareness Generation Programs for women/girls.
- To provide free Sex Education to the Youth/Adolescents girls.
- To setup Women Helpline Programs.
- To implement various other Women Empowerment related programs

### **Youth Welfare:**

- To organize various vocational training courses for youth.
- To initiate and organize need oriented rural development program.
- To impart education and training on the basis of youth organization methods and practical.
- To organize various sports meets at Village, Block, District and State level.
- To establish Stadiums both in rural and urban areas for sports activities.
- To implement various Youth Empowerment & adolescent Development projects

### **Weaving Project:**

In Purba Bardhaman and Nadia District have 3 clusters in 9 blocks.

- To organize various training courses for Weavers.
- Thread produce from cotton by spinner.
- To initiate and organize need oriented rural development program.
- To impart training on the basis of youth organization methods and practical.
- To implement various Youth Empowerment & adolescent Development projects.

### ***Functional Area***

The working areas are especially in village areas of Nabadwip, Santipur, Ranaghat Blocks in Nadia District and Purbasthali I & II Blocks, Kalna I & II Blocks and Katwa I & II Blocks in Purba Bardhaman district in West Bengal.

### ***Target Population***

**SISTRY FOUNDATION** has been providing its services to the underprivileged, economically backward communities of rural areas. It has been addressing the needs of especially the women and children of those communities.

## *Present Activities at a Glance*

- **Training and Capacity Building.**
- **Awareness Programme**
- **Cultural Activities.**
- **Health Program**
- **Farmers Producer Organisation**
- **Farmers Producer Company**
- **Weaving Project**
- **Social and Relief Work**

## Activities at a Glance

### (i) Farmers Producer Organisation:

The concept of 'Farmer Producer Organizations, (FPO)' consists of collectivization of Producers especially small and marginal farmers so as to form an effective alliance to collectively address many challenges of agriculture such as improved access to investment, technology, inputs and markets.

NABARD provides financial and technical support to the producer organization and NABARD has set up a Farmers' Technology Transfer Fund (FTTF) to be used to facilitate transfer of technologies and market linkages especially through Farmers' Clubs besides need based support for formation of Producers' Groups of farmers' Clubs etc.

During the year under report **SISTRY FOUNDATION** has given training the farmers through FPO at Purba and Paschim Bardhaman district. 2500 farmers have been trained during the 2019 – 2020 financial year.



| Name of activity and the year               | Coverage | Expenditure | Men  | Women | Children/ Boys'/Girls' |
|---|----------|-------------|------|-------|------------------------|
| Farmers Producer Organisation (2019 – 2020) | 6000     | 11,68,500.  | 3500 | 1500  | -                      |

### (ii) Farmers Capacity Building:

Around 80% of the Purba and Paschim Bardhaman population depends on agriculture for their livelihoods. The majority farming at a subsistence level using traditional methods. However the context of agriculture in Bardhaman is changing with increasing challenges of reduced soil fertility, erratic weather patterns due to climate change and changing markets overall make a market oriented company. In order to counter these challenges, small farmers need to change the way they farm in terms of what they grow and how they grow it, but they have no skills, knowledge and capacity to improve their productivity within this context.

**SISTRY FOUNDATION** acknowledges the need to support and train farmers so that they can reach their potential capacity for farming, and thus implements a series of interconnected activities that address the challenges facing member capacity.





| Name of activity and the year                     | Cove rage | Expend iture | Men | Wom en | Children/ Boys'/Girls' |
|---|-----------|--------------|-----|--------|------------------------|
| <u>Farmers Capacity Building</u><br>(2019 – 2020) | 1200      | 4,84,862     | 700 | 500    | -                      |

### (iii) Organic Farming:

Organic agriculture is a unique production management system which promotes and enhances agro-ecosystem health, including biodiversity, biological cycles and soil biological activity, and this is accomplished by using on-farm agronomic, biological and mechanical methods in exclusion of all synthetic off-farm inputs

SISTRY FOUNDATION teaches the farmers through training that a natural balance needs to be maintained at all cost for existence of life and property.

During the year under report SISTRY FOUNDATION trained 500 farmers in Purba and Paschim Bardhaman district in West Bengal.

| Name of activity and the year           | Cove rage | Expendi ture | Men | Wome n | Childre n/ Boys'/Gi rls' |
|---|-----------|--------------|-----|--------|--------------------------|
| <u>Organic Farming</u><br>(2019 – 2020) | 500       | 2,28,116     | 300 | 200    | -                        |

### (iv) Vocational Training on knitting:

Education, skills development and technical training are central to agricultural and rural employment. They prepare mostly young people for work in the formal and informal sector in rural areas and thus play an important role in poverty reduction. The better the training and the more refined the skills are in terms of human capital, the higher the income and returns and the better the rural livelihoods.

During the year under report SISTRY FOUNDATION has trained 90 rural women on

Knitting training through the year at the Premises of **SISTRY FOUNDATION**.

| Name of activity and the year                   | Cove rage | Expendi ture | Men | Women | Children/ Boys'/Girls' |
|---|-----------|--------------|-----|-------|------------------------|
| Knitting Training For Rural Women (2019 – 2019) | 90        | 85,274       | -   | 90    | -                      |

(v) **Farmers Market Linkage:**

The concept of 'Farmer Producer Organizations, (FPO)' consists of collectivization of **Producers** especially small and marginal farmers so as to form an effective alliance to collectively address many challenges of agriculture such as improved access to investment, technology, inputs and markets.

NABARD provides financial and technical support to the producer organization and NABARD has set up a Farmers' Technology Transfer Fund (FTTF) to be used to facilitate transfer of technologies and market linkages especially through Farmers' Organisation/ Company besides linkage of Regulated **Market Committees (RMC)** Yard is any place in the **market** area managed by a **Market Committee** & e-NAM (National Agriculture Market) is a pan-India electronic trading portal which networks the existing APMC (Agricultural Produce **Market Committee**) to create a unified national market for agricultural commodities.

During the year under report **SISTRY FOUNDATION** market linkages Five (5) Farmers' Producer Organisation (FPOs) & Seven (7) Farmers' Producer Company Limited (FPCs) under MCA Company Act with Sufal Bangla, RMC & e-NAM at Purba Bardhaman district during the 2019 –2020 financial year.



| Name of activity and the year        | Cove rage | Expendi ture | Men  | Wom en | Children/ Boys'/Girls' |
|--------------------------------------|-----------|--------------|------|--------|------------------------|
| Farmers Market Linkage (2019 – 2020) | 6000      | 98,202       | 3500 | 1500   | -                      |

### (vi) Farmers Club Formation & Monitoring:

The concept of 'Farmer Producer Organizations, (FPO)' consists of collectivization of Producers especially small and marginal farmers so as to form an effective alliance to collectively address many challenges of agriculture such as improved access to investment, technology, inputs and markets.

NABARD provides financial and technical support to the producer organization and NABARD has set up a Farmers' Technology Transfer Fund (FTTF) to be used to facilitate transfer of technologies and market linkages especially through Farmers' Clubs besides need based support for formation of Producers' Groups of farmers' Clubs etc.

During the year under report **SISTRY FOUNDATION** has given training the farmers through FPO at Purba Bardhaman district, 2500 farmers have been trained during the 2019 –2020 financial year.

| Name of activity and the year                     | Coverage | Expenditure | Men  | Women | Children/ Boys'/Girls' |
|---|----------|-------------|------|-------|------------------------|
| Farmers Club Formation & Monitoring (2019 – 2020) | 6000     | 63,500      | 3500 | 1500  | -                      |

### Awareness Programmes:

#### i) Kitchen Garden:

A **kitchen garden** is where herbs and vegetables are grown around the house for household use. Since early times a small plot near to the house has been used for growing a variety of vegetables according to the season. Local varieties such as radish, broad leaf mustard, chili, beans, pumpkins etc.

**Kitchen gardening** is something all of us can do to make our cities greener. It's a **garden where** you grow your own food— herbs, vegetables, fruits. What's more, it gives city dwellers a chance to produce their own food—fresher, healthier—and learn in the process about local varieties.

**SISTRY FOUNDATION** has been working to prevent the situation. The Trust arranged the awareness camps at Purbasthali I & II Block, Purba Bardhaman District in West Bengal.

| Name of activity and the year | Coverage | Expenditure | Men | Women | Children/ Boys'/Girls' |
|-------------------------------|----------|-------------|-----|-------|------------------------|
| Kitchen Garden (2019-2020)    | 500      | 44,730      | 350 | 150   | -                      |

## ii) Alternative Farming:

'Alternative Farming' as it applies to the area of **agriculture** can be defined as 'A systematic approach to **farming** intended to reduce **agricultural** pollution, enhance sustainability, and improve efficiency and profitability.

The term 'Alternative agriculture' as it applies to the area of agriculture can be defined as 'A systematic approach to farming intended to reduce agricultural pollution, enhance sustainability, and improve efficiency and profitability. Overall, alternative agriculture emphasizes management practices that take advantage of natural processes (such as nutrient cycles, nitrogen fixation, and pest-predator relationships), improve the match between cropping patterns and agronomic practices on the one hand and the productive potential and physical characteristics of the land on the other, and make selective use of commercial fertilizer and pesticides to ensure production efficiency and conservation of soil, water, energy, and biological resources. Examples of alternative agricultural practices include use of crop rotation, animal and green manures, soil and water conserving tillage systems, such as no-till planting methods, integrated pest management, and use of genetically improved crops and animals. Consonant with sustainable agriculture, alternative agriculture focuses on those farming practices that go beyond traditional or conventional agriculture, though it does not exclude conventional practices that are consistent with the overall system'.

During the year under report **SISTRY FOUNDATION** has arranged four awareness camps on 01/07/2019, 17/09/2019, 27/12/2019 and 23/01/2020 at Purba Bardhaman District in West Bengal

| Name of activity and the year   | Coverage | Expenditure | Men | Women | Children/ Boys'/Girls' |
|---------------------------------|----------|-------------|-----|-------|------------------------|
| Alternative Farming (2019-2020) | 472      | 55,200      | 250 | 222   | -                      |

## iii) Cattle Farming :

**Cattle farming is done** for two purposes: Dairy: for getting milk. Draught: animals are used for **agricultural** tasks like tilling, irrigation and carting. ... Milch breeds (dairy animals): These include the animals which are kept for obtaining milk.

The cattle farm is considered to improve farmers' total **income** and to boost their living conditions. As a means of manure for soil enrichment and as a source of bio fuel, the animal waste which is produced can be used. For a significant number of people, it is a source of employment.

During the year under report **SISTRY FOUNDATION** has arranged three awareness camps for **Cattle Farming** with Barkathi Farm at South 24 Parganas District on 16/08/2019, 25/10/2019 and 14/12/2019 at Purbasthali I & II Block, Purba Bardhaman district in West Bengal

| Name of activity and the year | Coverage | Expenditure | Men | Women | Children/ Boys'/Girls' |
|-------------------------------|----------|-------------|-----|-------|------------------------|
| Cattle Farming (2019-2020)    | 630      | 64,100      | 450 | 180   | -                      |

**i) Bee Farming :**

Bees can help make your plants healthy as they pollinate, as well as fruit trees in nearby orchards which helps the local economy. Low maintenance. Bees work hard without much effort from you **Bee keeping** requires low investments due to which farmers, along with agriculture also do **beekeeping** to generate additional income. It also helps in cross-pollination as pollens are transferred from one flower to another by the bees while collecting nectar

During the year under report SISTRY FOUNDATION has arranged three awareness camps for Bee Farming with Gobardanga Gabeshana Parishad, North 24 Parganas on 15/06/2019, 25/09/2019 and 14/01/2020 at Purba Bardhaman district in West Bengal.

| Name of activity and the year | Coverage | Expenditure | Men | Women | Children/ Boys'/Girls' |
|-------------------------------|----------|-------------|-----|-------|------------------------|
| Cattle Farming (2019-2020)    | 185      | 33,275      | 115 | 70    | -                      |

**Health Care Programme :**

SISTRY FOUNDATION has organized Health check up and Eye check up Camps at Prangopalnagar on 10/09/2019, and 04/02/2020 in Nabadwip Block in Nadia District in West Bengal.

| Name of activity and the year | Coverage | Expenditure | Men | Women | Children/ Boys'/Girls' |
|-------------------------------|----------|-------------|-----|-------|------------------------|
| Health Checking Camps         | 205      | 14,800      | 50  | 90    | 65                     |
| Eye check up Camp (2019-2020) | 154      | 12,250      | 60  | 54    | 40                     |

**Social & Relief Work**

**i) Social & Relief Work:**

SISTRY FOUNDATION has distributed Books & Stationery to the poor Students in Nabadwip Block in Nadia district in West Bengal.

| Name of activity and the year                       | Coverage | Expenditure | Men | Women | Children/ Boys'/Girls' |
|---|----------|-------------|-----|-------|------------------------|
| Books and Stationery Goods Distribution (2019-2020) | 105      | 10,200      | -   | -     | 105                    |

**ii) Women Nutrition :**

Absolute poverty or destitution refers to the lack of means necessary to meet basic needs such as food, clothing and shelter. Relative poverty takes into consideration individual social and economic status compared to the rest of society.

**SISTRY FOUNDATION** has taken program on Women Nutrition for poor and needy women through the year at Nabadwip Block in Nadia district in West Bengal.

| Name of activity and the year          | Coverage | Expenditure | Men | Women | Girls' |
|--|----------|-------------|-----|-------|--------|
| <b>Women Nutrition</b><br>(2019- 2020) | 287      | 58,750      | -   | 150   | 137    |

**iii) COVID-19 Lockdown Situation:**

In perspective of present lockdown situation due to COVID-19, necessary to meet basic needs relief fund such as poor & jobless worker family at Nabadwip area for their present financial condition.

**SISTRY FOUNDATION** distributed relief to among the needed such poor & jobless worker family at Nabadwip Block in Nadia district in West Bengal.



| Name of activity and the year   | Cove rage | Expend iture | Men | Women | Girls' |
|---------------------------------|-----------|--------------|-----|-------|--------|
| <b>COVID-19</b><br>(2019- 2020) | 287       | 46,100       | -   | 150   | 137    |

### Annual cultural program:

**SISTRY FOUNDATION** is not only progressing materially and technologically but culturally also. Our Society organized games & sports and various types of cultural programs throughout the year. Folk dance, Songs, dance, Recitation, Drama, Debate, are the main cultural programs those are to be organized by our Foundation.

| <b>Name of activity and the year</b>    | <b>Coverage</b> | <b>Expenditure</b> | <b>Men</b> | <b>Women</b> | <b>Children/ Boys'/Girls'</b> |
|---|-----------------|--------------------|------------|--------------|-------------------------------|
| <b>Annual Cultural Programme</b>        | 48              | 11,400             | -          | -            | 48                            |
| <b>Games &amp; Sports (2019 – 2020)</b> | 35              | 8,375              | -          | -            | 35                            |